



# KNIGHTS OF COLUMBUS FOURTH DEGREE JOHN T. DONOHUE ASSEMBLY 0067

OCTOBER 2025

## Church Holidays

Oct 1st - <b>St. Therese of Lisieux</b>
Oct 2nd - <b>Feast of the Guardian Angels</b>
Oct 4th - <b>St. Francis of Assisi</b>
Oct 5th - <b>Saint Faustina</b>
Oct 7th - <b>Our Lady of the Rosary</b>
Oct 15th - <b>Saint Teresa of Avila</b>
Oct 22nd - <b>Saint Pope John Paul II</b>

## Assembly Events

Oct 1st - <b>Fourth Degree Business Meeting</b> (5:30 pm to 8:00 pm)
Oct 2nd - <b>Mike Gainok's Funeral Mass at ODS</b> (12:15 pm Rosary; 1:00 pm Service)
Oct 13th - <b>Columbus Day</b>
Oct 13th - <b>Mike Gainoks Graveside Service</b> (9:30 am) Igo Northern California Veterans Cemetery, 11800 Gas Point Road, Igo, CA 96047
Oct 21st - <b>COR : Dual-Parish Men's Bible Study Group</b> (7PM) Our Divine Church Multi-Purpose CTR - Room #2

## SPIRITUAL ADVISOR:

A seed has fallen - John 12:24

In the shadow of profound loss, as we mourn the passing of people like Tom Cunningham, Mike Gainok & Charlie Kirk who inspired so many with wisdom, direction, and faith, we find a divine truth echoing from John 12:24: *"Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds."*

Just as that solitary grain must surrender to the earth to multiply into a bountiful harvest, so too does the legacy of our departed mentors endure not in isolation, but through the lives they touched. From them, we learned the power of selfless service, the grace of humility in triumph, and the resilience to stand firm amid storms—lessons forged in the fires of their own trials. Going forward, let us honor his memory by planting these seeds in our daily actions; showing compassion, pursuing righteousness, extending kindness, live with integrity, and mentor others with the same generosity of spirit. In this way, the example of Tom and Mike can transform our grief into a garden of fruitful impact to our current Assemblymen and those Assemblymen that will come behind us.

- Faithful Captain Rob Holt

## FAITHFUL NAVIGATOR:

Worthy Sir Knights:

One of my hobbies is to research and visit lighthouses along the Pacific Coast. I'm intrigued by the history of how they were built and manned. Each one has a different story to tell. But the one thing in common with all the lighthouses is that they must have a firm and solid foundation when they're first built. I heard of one that was built on sand and toppled within the first few years of operations. It had to be built on solid ground, bedrock. Sound familiar? "Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. - Matthew 7:24".

That is a lot like our faith. Our faith must be anchored in the love and mercy of Jesus Christ before anything else. As you know lighthouses are equipped with a lighted beacon to shine through the darkness and let mariners know that there are hazards or land nearby. Each lighthouse has a different rotation time of their beacon so that according to the rotation, or frequency of lights per minute, a mariner could determine the name of the lighthouse and thereby plot their current location and chart the correct course to safely navigate through treacherous waters. Likewise, during foggy days, lighthouses would sound off their foghorns at a set and repeated frequency blast per minute. The sound uses long sound wavelengths that can travel farther through dense fog, ensuring that it can be heard at a considerable distance and alerting mariners to potential dangers. Once again that frequency, or sound blast per minute, tells the mariners that there are hazards nearby and tells the mariners which lighthouse they are near to plot the ships' location. The lighthouse beacons represent the deeds and actions we as Catholics perform daily to show others our true love for our Lord and Savior despite the darkness in the world. The foghorn blast represent our words that act as a warning and aid to help others that are in need. I can only hope that in these troubled times that we Sir Knights can rise as anchored lighthouses and be beacons of hope for others.

Fraternally,

Kieran O'Leary  
Faithful Navigator  
Assembly #67

## District Deputy Report - October 2025:

My Brothers,

October is the month of Mary and dedicated to her Most Holy Rosary. The Rosary is considered a powerful weapon against evil, as well as the perfect prayer to bring peace to the world. Pray the Rosary often and give thanks for the protection the Holy Mother provides to our families and our church.

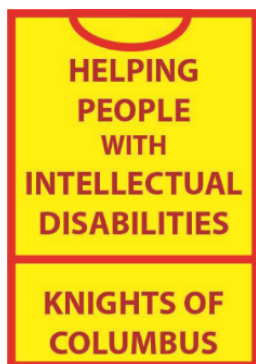
A suggested program for October is, in fact, the *Family Rosary*. As a council, involve your Pastor, set a date, and conduct your own *Family Rosary*. Further information, along with materials for conducting the program, are available from the Supreme Council and can be ordered online by

clicking [here](#). Also, please take a few moments to report this and other activities your council participates in by completing the online form available by clicking [here](#).



October also marks the fifth anniversary of the Beautification of the Blessed Michael McGivney. The Beautification Mass took place on October 31, 2020 at the Cathedral of St. Joseph in Hartford, Connecticut, the archdiocese where Father Michael J. McGivney was ordained in 1877. Again, I encourage councils to mark this special date with prayer and recognition for our Order's Founder.

October is traditionally a month for membership recruiting as councils schedule membership drives on or around Columbus Day. The Supreme Council continues to offer **free membership** for the first year for those who join online. Prospects simply need to visit [kofc.org/joinus](http://kofc.org/joinus) or scan the QR image accompanying this article with their smartphone. They should enter the code **BLESSEDMCGIVNEY** when prompted to take advantage of this offer. An online member counts as a new member when they are admitted into your council.



Another program that occurs during the month of October with a long history of charitable service is **the Annual Campaign for People With Intellectual Disabilities** (also known as the "Tootsie Roll" Drive). The official dates for the drive this year are **October 17, 19 and 19, 2025** (although councils are free to schedule and hold fundraisers benefiting people with intellectual disabilities at any time during the Columbian Year). I'm certain one or more organizations in your local community serving people with intellectual disabilities would benefit from your charitable efforts, including Special Olympics and *Feed the Athletes*, ARCs and local work training programs. For further information and resources regarding the *Annual Campaign for People With Intellectual Disabilities*, click

[here](#).

As always, thank you for your charity and service!

May God bless,  
Dave Abbott  
District Deputy 2  
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## Field Agent Report:

Brother Knights,

No matter where you are in your life's journey, retirement is either in your long-range plans, around the corner or you are already enjoying it. Hopefully with funds to last through your lifetime that allow you to live at the income level you and your family had become accustomed to. In years past, almost all employers (private, public, military, etc.) provided pensions which led to a worry-free

retirement where you couldn't outlive your retirement income. Although some government agencies and a few private companies still provide this advantageous form of retirement (known as defined benefit plans), most have migrated to defined contribution plans (401k, 403, TSP, etc.). Defined contribution plans are much more beneficial for the company but not so much for the employee. Certainly, an asset 'nest egg' built up with the help of your employer is better than nothing but gone are the days of a retirement free of worries about living longer than the statistical life expectancy that most defined contribution plans are set up to fund.

Or are they?

There are retirement financial products available that build up with guaranteed returns and then can be turned into income streams upon retirement that you can't outlive. Is it like Social Security? Yes, but Social Security benefits alone are not enough to live on comfortably and its future is a bit shaky especially for our younger brother knights. So, what am I referring to and where can you get such a product to add to your retirement planning? I'm talking about annuities, and they are available to you through the Knights of Columbus. As with most financial products, there are many annuity options, and some are risky and complicated. However, the beauty of our annuity products lies squarely in their simplicity and security. Simple from the standpoint that they are fixed in nature (not subject to market fluctuations). There are no hidden management fees or annual charges (surrender charges may apply though). Secure because they are backed by our organization, the Knights of Columbus, who earns the highest ratings from independent rating services while maintaining high ethical standards. And just important for all of us, our proceeds go to causes based on our Catholic faith. Fidelity, Ameriprise, or others cannot make that same commitment.

Want to learn more? Let's discuss!

God Bless,

Dave Moeller, FICF  
Fraternal Insurance Agent  
Phone: (916) 801-3403  
email: dave.moeller@kofc.org

## Report from Lourdes:

Greetings and blessings to you in this Jubilee year. This year is full of amazing events. One which I was blessed to participate in is the Warriors to Lourdes pilgrimage and 65th International Military Pilgrimage. Since 2013, the Knights of Columbus has partnered with the Archdiocese for the Military Services, USA, to sponsor the annual Warriors to Lourdes Pilgrimage.

This year we escorted over 250 pilgrims on a most excellent journey towards physical, spiritual, and mental healing. The pilgrims consisted of wounded, ill and injured active duty and veterans, along with designated caregivers, companions and volunteers. You can read the powerful testimony of one of this year's pilgrims [here](#).

This pilgrimage is made possible through the generosity of donors to Knights of Columbus Charities. As the Patriotic arm of our Order, assemblies may be looking for new programs to sponsor. I am happy to announce that we have launched our Warriors to Lourdes Fundraising campaign. A donation of \$1,000 will earn your assembly one program credit. Full sponsorship of a pilgrim with a donation of \$3,000 will earn you two program credits in any category you choose. I know we don't do things for recognition, but we want to give you the recognition you deserve for caring for the wounded warriors of our great nation.

The Warriors to Lourdes Fundraising Guidebook will provide you with guidance on organizing and raising funds for this important cause. The WTL26 Flyer and WTL26 Brochure are also excellent tools for advertising your campaign. Below you will find the link to our Warriors to Lourdes 2025 recap video. You will hear powerful testimonies and see the beauty of Lourdes, France through the eyes of a pilgrim.

**Youtube:**

[WARRIORS TO LOURDES: A PILGRIMAGE OF HEALING AND HOPE](#)

Copies of the Warriors to Lourdes Fundraising Guidebook, the WTL26 Flyer and the WTL26 Brochure are available. Please contact me if you would like to have some shipped to you or have recommendations for wider distribution.

Vivat Jesus!

Sompaul Vorapanich  
First Sergeant, US Army-Retired  
Director of Warriors to Lourdes & Military Council Health  
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## HAPPY BIRTHDAY TO THESE SIR KNIGHTS:

Harold Frazier	10-07
Nathan Castillo	10-10
Martin Ramat	10-13
Nicholas J Costanzo	10-22
Irineo C Daga	10-25

## COLOR GUARD:



Click [Here](#) for new Regalia Information

UNIFORM PACKAGES > KOC > KNIGHTS OF COLUMBUS EXECUTIVE FIT UNIFORM PACKAGE



## NEW COLUMBIAN YEAR OFFICER SLATE:

### JOHN T. DONOHUE ASSEMBLY #0067

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Happy and Profitable Harvest to all our AG brothers!